

“Play & Prevention - Promoting Resiliency  
in Early Childhood  
El Juego y la Prevenci3 - la Promoci3n de la  
Resiliencia en la Infancia Temprana



Saturday, March 10, 2012  
8:00 am to 4:30 pm  
Yuba Community College  
2088 North Beale Road, Marysville



1104 E Street, Marysville, CA 95901  
www.childcareyubasutter.org  
530-749-4040



“Play & Prevention - Promoting Resiliency in Early Childhood”

Saturday, March 10, 2012 \* 8:00 am to 4:30 pm

*Pre-registration required. \* Limited space - Register early!*

**A \$20.00 non-refundable fee and completed registration form are required by Friday, February 17, 2012**

**Priority Registration - Yuba & Sutter Early Care & Education Providers and Yuba College ECE Students/Staff**

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Business/Child Care Program: \_\_\_\_\_

I work in:  Family Child Care  Child Care Center  Other: \_\_\_\_\_

County where you work:  Sutter County  Yuba County  Other: \_\_\_\_\_

Please make **check or money order** payable to: **CCPC / YCOE**

Box Lunch & Continental Breakfast included with registration; Please check if you prefer a vegetarian lunch

**Mail registration and payment to: CFE-CCPC, ATTN: Mary Pa Hang, 1104 E Street, Marysville, CA 95901**

**PLEASE REMEMBER TO MAKE WORKSHOP SELECTIONS! WORKSHOPS WILL BE ASSIGNED ON A FIRST COME, FIRST SERVE BASIS →**

## KEYNOTE

**“Have we tumbled over the edge? Have we gone too far past remembering what childhood is about?”**

The keynote address will focus on how we establish environments that respect childhood and help us to learn to recognize and celebrate the idiosyncrasies and stages of children's growth.

Bev Bos, author, song writer/performer and international lecturer on early childhood education is the director and founder of the Roseville Community Preschool. For over 40 years, Bev has entertained and inspired parents and educators all over the world.

## WORKSHOP DESCRIPTIONS

**How Do Our Children Grow?** - By examining what distinguishes a brain impoverished environment from a brain enriching environment, participants will strengthen their understanding of how children learn as well as enhance their ability to address the needs of children both at school and home.

**Exploring the Power of Real Play** - While most people assume it is the responsibility of adults to provide a play environment for children, this presentation will focus on real play and how children, by nature's design, spontaneously engage in play.

**Circle Time Silly and Transition Time Fun: Finding the Fun and Curing the Chaos** - Find your inner child and connect with the children. This workshop will focus on preschool circle activities/transitions and explore different strategies for making circle time and transitions fun and engaging.

**Classroom Management: It's a Play Thing** - The importance of play in the development of children's social and self-regulation skills is well documented. This workshop will discuss and provide strategies for how to be a "playful" teacher and encourage children's play in order to support cooperation and reduce discipline problems.

**Higgledy Piggledy, Bobbledy-Boop - How To Help Infants and Toddler's Talk Before They Can Talk** - Did you ever notice how easily babies learn to wave "bye bye" before they can say words? The BABY SIGNS class will demonstrate that this attempt at first signs is only the tip of the iceberg.

**Lessons from Reggio Emilia: Art as a Way to Represent Experiences** - Children's art can be a powerful language for revealing their thinking. This workshop will immerse you in art as a language. Come explore ways to expand your thinking about art with young children birth to 5.

**Balance Children's Sensory Systems with Play** - In this workshop participants will learn works why a balanced sensory system is important for children, how it works and some fun play activities to do with children that will help keep their sensory systems balanced.

**Supersizing Our Children** - How can early childhood staff create an environment to help prevent obesity in children? Discussion of obesity trends in preschool children and the consequences to being an overweight child.

## WORKSHOP DESCRIPTIONS

**Communicating with Parents** - It is always easy to tell a father his child had a good day, but how do you talk about the day she had 5 tantrums? How do you tactfully remind parents that they are late with the check? This workshop will focus on building skills to deal with those less comfortable conversations.

**Building Bridges** - How to design an environment that promotes children's learning experiences. Creating ways to promote smooth transitions by providing a balanced daily schedule: Active and quiet, small group and large group and teacher-directed and child-directed.

**Parent Child Interactive Therapy** - Parent-Child Interaction Therapy (PCIT) is an empirically-supported treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns.

**Introduction to Conscious Discipline®** - Never underestimate the power of the early years. It's not about finding the best toys or keeping the babies busy. You are the best toy! The way you respond to the needs of the babies in your care will help them or inhibit them from forming healthy life patterns. Learn to create calm days of optimal stimulation for both you and the children in your care. Be ready to play and connect with others!

## SPANISH WORKSHOPS

**Que Sigue? Comprendiendo las Etapas en Ocho Áreas de Desarrollo** - En este taller aprenderá las etapas y el orden de desarrollo en ocho áreas importantes incluyendo el juego de bloques, juego creativo, la escritura y la regulación social y emocional. Los participantes recibirán información para llevar a casa en inglés y español esto le asistirá en contestar las preguntas de padres y aumentara su confianza profesional.

**Comunicándose con los padres** - Siempre es fácil decirle a un padre que su hijo tuvo un día bueno, pero cómo hablar sobre el día en que tubo 5 rabietsas? ¿Cómo recordarle a los padres con mucho tacto, que están retrasados con el pago? Este taller se centrará en el desarrollo de habilidades para hacer frente a esas conversaciones incómodas. En el espíritu del tema del día, los participantes tendrán la oportunidad de practicar sus habilidades.

**Jugando con Números** - Este taller esta diseñado específicamente para los niños de edad preescolar y esta lleno de demostraciones e ideas divertidas para usar materiales que se encuentran en su casa para motivar a los niños en la matemática de manera sencilla y excitante.

**Como cumplir con mi obligación de ser una reportera de mandato** - Se ha preguntado que debo reportar y que no debo de reportar? Que pasa después de que haga el reporte? No quiero que se enojen los padres o familiares conmigo. Vi Algo Que Me Preocupo, Lo Tango Que Reportar? Como y Cuando y Quien Llamar. En este taller vamos a explorar todas estas preguntas y dudas.

## SCHEDULE

**PARKING PERMITS MUST BE PURCHASED IN THE PARKING LOT ON DAY OF CONFERENCE--\$2 EA.**

8:00 - 8:30 Registration

8:30 - 8:45 Welcome

8:45 - 10:15 Keynote Address

**“Have we tumbled over the edge? Have we gone too far past remembering what childhood is about?”**

10:15 - 10:45 Break

10:45 - 12:15 Session # 1

12:30 - 1:30 Lunch

1:45 - 3:15 Workshop Session #2

3:30 - 4:00 Music & Song with Bev Bos  
Door Prize Giveaway

4:00-4:30 College Credit Session\*

**College Credit Available for Additional Fee**  
Course Number: **ECE 51R**  
**YOU MUST REGISTER WITH YUBA COLLEGE**  
**AND PAY FEE PRIOR TO DAY OF CONFERENCE**  
\* MUST ATTEND COLLEGE CREDIT SESSION

## Sponsored by

Child Care Planning Council of Yuba & Sutter Counties & Yuba College ECE Department in collaboration with the ECE Training Collaborative

## Supported by funds received from:

Children's Home Society of California, Yuba College ECE Dept. & Foster Kinship Care Education, Sutter County Children and Families Commission, and the California Department of Education, Child Development Division through contracts with Yuba County Office of Education & Sutter County Superintendent of Schools



## WORKSHOP SELECTION

Please indicate your 1st and 2nd choice workshops for each session. **Due to space limitations, assignments will be made on a first come, first serve basis.**

### Workshop Session # 1 (10:45 AM-12:15 PM)

- | 1st                      | 2nd                      |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <i>How Do Our Children Grow?</i> - Bev Bos   |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Lessons from Reggio Emilia: Art as a Way to Represent Experiences</i> - Dr, Anne Kress & Mary Jane Maguire-Fong |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Introduction to Conscious Discipline®</i> - Cynthia Soares  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Circle Time Silly and Transition Time Fun</i> - Joe Moye  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Parent Child Interactive Therapy</i> - Jason Roper  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Supersizing Our Children</i> - Rose McIsaac   |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Comunicándose con los padres</i> - Ymelda Mendoza-Flores  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Que Sigue? Comprendiendo las Etapas en Ocho Áreas de Desarrollo</i> - Thelma Amaya                              |

### Workshop Session # 2 (1:45-3:15 PM)

- | 1st                      | 2nd                      |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Exploring the Power of Real Play</i> - Bev Bos                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Higgledy Piggledy, Bobbledy-Boop</i> - Marsha Amaro                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Building Bridges</i> - Julie Price & Kim Sangha                                      |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Communicating with Parents</i> - Carrie Ozeran                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Balance Children's Sensory Systems with Play</i> - Maggie Bame                       |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Classroom Management: It's a Play Thing</i> - Linda Gladney                          |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Jugando con Números</i> - Rina Bañuelos  |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Como cumplir con mi obligación de ser una reportera de mandato</i> - Patricia Bernal |